

# MBHS PRIMARY FEDERATION NEWSLETTER

Friday 9th February 2024

## Message from Mrs Macdonald - Head Teacher

### Important News!

We would like to announce that on the 28th of January Anita's baby, Robin was born. After a week spent in the hospital both mummy and Robin were sent home safe and happy.

Robin, the official year 3 class baby cannot wait to meet his friends and sends lots of love to everyone.



In other news, we have a change of roles for Term 4. Daniel will support in KS1 and Georgia will support in KS2. This is only a short term change in order to help support our Year 6 pupils be SATs ready.

Don't forget it is half term next week, we will return on Monday 19th January 2024.

Best wishes,  
Steph Macdonald

## Dates For Your Diary



What's on?	When's it Happening?	Year Group?	How to Pay? More Information
First Day of Term 4	19.02.24	All Years	School reopens to all pupils
The Eden Project	20.02.24	Year 6	Letter has been sent home
World Book Day	07.03.24	All Years	More information to follow
Comic Relief	17.03.24	All Years	More information to follow
Individual class photos	19.03.24	All Years	More information to follow

## Pupil Voice - Our Learning This Week

### Nursery

In pre-school we enjoyed the story “Zog and the flying doctors” this week. The children explored our role-play area which we turned into a hospital. They enjoyed practising their first aid skills on each other and some of our plastic dollies. We also enjoyed bubble painting this week developing our physical skills and exploring the small world tray.



### Reception

Goldilocks has been in Reception this week and she has been causing lots of trouble! First, she stole Lauren’s porridge and tried to cook it in our role play kitchen.. and it went everywhere! Next, she damaged the furniture in our role play area and made a big mess! We have been working on solving the problem by making ‘Wanted Posters’, being security guards and looking out for clues. Then we wondered, perhaps she is just hungry? So we have worked together to follow a recipe to make our very own porridge in school. We have been tasting it with different toppings and are leaving a letter out for Goldilocks with a bowl for her to try. We hope she likes it! Have a wonderful half term break everyone, what a magical half term we have had exploring Traditional Tales!



### Year 1

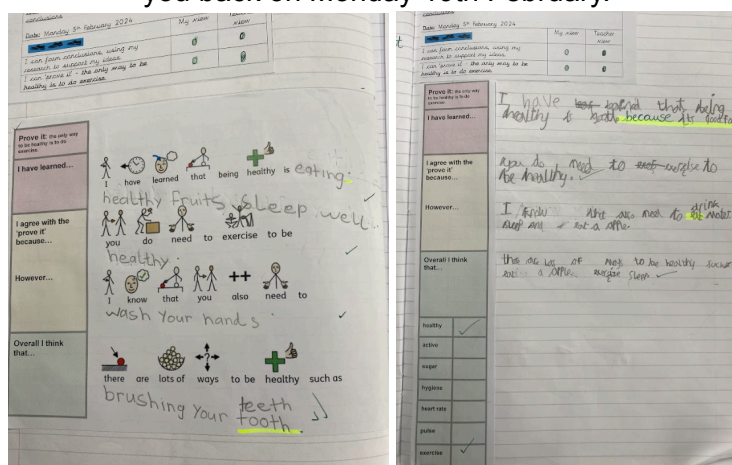
In Year 1 we were very excited to make our fruit salads. We planned which fruits we would include and then we gathered research finding out if people enjoyed our fruit salad creations. It was lots of great fun.



## Year 2

Year 2 had a busy week this week. We have worked scientifically to prove or disprove 'you must exercise to be healthy', we have disproved that nothing tasty grows in the UK and we have enjoyed evaluating our magnificent bread.

The Year 2 team wishes you all a brilliant half term break, we look forward to welcoming you back on Monday 19th February.



## Year 3

Year 3 have been very busy this week finishing the projects that we've been working on over this half-term. They've produced some excellent written responses to the 'Prove It' statements that guide our learning in History and Science: "When was the best time to be alive - the stone age, bronze age or iron age?" and "The bigger the magnet, the stronger the attraction!" - ask the children to tell you what they think! On the final day of the term, we spent the day creating our Celtic Roundhouse models! We used saws to cut the wall posts, hot glue guns to assemble the floors and wall, and clay to replicate the 'wattle and daub' mixture that the Celts would've used! We had some great fun, and we're looking forward to putting the finishing touches on our models when we return to school for the new term!

## Year 4

On Wednesday, Year 4 took a stroll up to Central Library and The Box. They represented our school brilliantly - remembering manners and showing enthusiasm!

They also excelled in the library quiz that was set for them, based around the Egyptians.

The children were told about the wonders of a library card, and many are keen to return and loan some of the amazing books on offer!





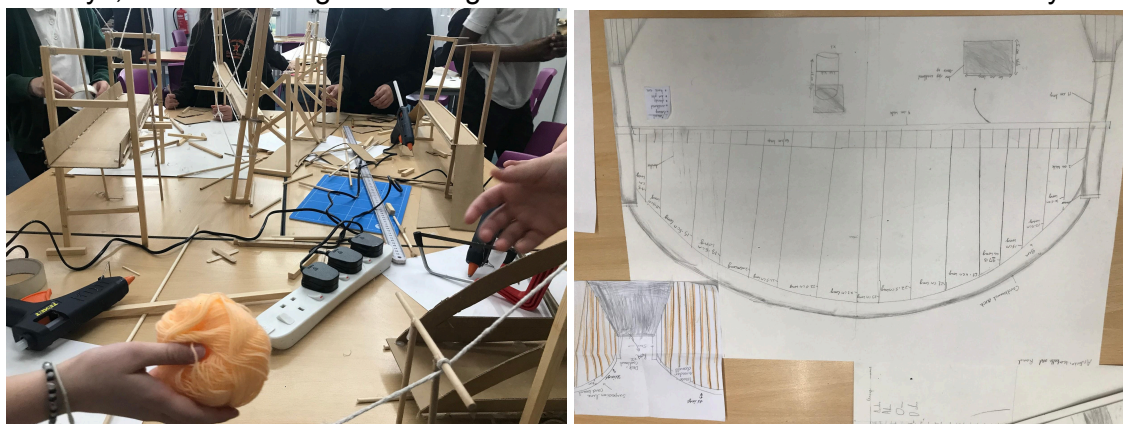
## Year 5

What a great end to a very short and busy half term. Year 5, in my opinion, have set the standards in behaviour and learning extremely high for MBHS and continued this trend right up to the last day, busily completing units today to a high standard.

Next term will be no exception with trips planned, careers days to inspire and a whole host of great new units to get our teeth stuck into.

I've rounded up some pictures of some of the highlights from the previous weeks! I hope you enjoy them and enjoy a well earned rest y5!

As always, Home Learning is on Google class and will be made available on Friday.



## Careers Fair



On the 28th March MBHS will be holding a careers fair. We have already booked several amazing employers and professionals from many industries in Plymouth. We want to inspire the children across all key stages, Reception children all the way to our Year 6's will be taking part.

We would love to have parents and carers come in and share what they do, how they got there and how they do their jobs. We are particularly interested in challenging stereotypes in employment (female firefighters, for example) and the following industries; medicine, health, emergency services, construction, engineering, the arts and marine.

If you would like to get involved, and can commit around 2 hours of your time on the 28th March from 1pm - 3pm we'd love to hear from you. Please fill in the form below and we'll be in touch.

<https://forms.gle/mfp42ot358YhWc4j7>

### Attendance Winners



Our whole school attendance this week is: **93.47%**

Our weekly Class attendance winners this week are: **Reception with 97.7%!!!!**

**Please be reminded that our attendance target is 96%**

### Nuts

Can we also remind all parents that we are a NUT FREE SCHOOL - this includes all products containing any form of nut. If we find your child has a nut product as their snack or part of their lunch we will not allow them to eat this at school and it will be sent home with them.



### School Lunches

Please see below the menu for school lunches for the week when we return to school on

Monday 19th February:

W/C - MONDAY: 1ST JAN, 22ND JAN, 19TH FEB, 11TH MARCH

# WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CHOICE 1 - H V</b> Cheese & tomato pizza with seasoned wedges <b>Allergens:</b> (Wh), (So), (Mi), M/C (E)	<b>CHOICE 1 - H</b> Lasagne with garlic bread <b>Allergens:</b> (Wh), (Mu), (Mi), M/C (Bar, E, SE)	<b>CHOICE 1 - H</b> All day breakfast <b>Allergens:</b> (Wh), (Mi), (E)	<b>CHOICE 1 - H</b> Roast chicken, Yorkshire pudding, roast potatoes & gravy <b>Allergens:</b> (Wh), (Mi), (E)	<b>CHOICE 1 - H</b> Coated pollock served with fresh chips <b>Allergens:</b> (Wh), (F), M/C (Bar)
<b>CHOICE 2 - H W V VE</b> Vegan bolognese pasta bake <b>Allergens:</b> (Wh), (So)	<b>CHOICE 2 - V VE</b> Vegan balls with mixed vegetable rice <b>Allergens:</b> (So)	<b>CHOICE 2 - H V VE</b> Vegan all day breakfast <b>Allergens:</b> (Wh)	<b>CHOICE 2 - H W V VE</b> Vegan mince and onion pie (sliced potato top) & gravy <b>Allergens:</b> (Wh), (Bar), (So)	<b>CHOICE 2 - H W V VE</b> Cheese and tomato quiche <b>Allergens:</b> (Wh), (Mu), (Mi), (E)
SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW				
<b>DESSERT - V VE</b> Fruit Salad, fresh fruit or yoghurt <b>Allergens:</b> (Mi)	<b>DESSERT - H V</b> Fruity flapjack <b>Allergens:</b> (O), M/C (Bar, Wh)	<b>DESSERT - H V</b> Creamy rice pudding <b>Allergens:</b> (Mi)	<b>DESSERT - VE</b> Fresh fruit platter, fresh fruit or yoghurt <b>Allergens:</b> (Su), (Mi)	<b>DESSERT - H W V VE</b> Spiced pear cake with custard <b>Allergens:</b> (Wh), (Mi), (E)
AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT				

Fresh fruit, local WESTCOUNTRY yoghurt and West Country milk available daily. Fresh drinking water is available throughout the lunch time period. All meals served with seasonal vegetables. Chicken alternatives to beef and pork upon request. One meat free day.

DID YOU KNOW

You can have mixed or brown rice instead of potatoes!

Tilda

H = HOME-MADE IN THE KITCHEN, W = WHOLE WHEAT INGREDIENTS, VE = VEGAN DISH, V = VEGETARIAN, 2 = THE VEGETARIAN LINE.

Allergen Key: Gluten (Gl), Barley (Bar), Wheat (Wh), Oats (O), Soya (So), Sulphites (Su), Sesame (Se), Peanuts (P), Mustard (Mu), Molluscs (Mo), Milk (Mi), Nuts (N), Eggs (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c: May Contain

Allergens and ingredient information correct at the time of menu production but subject to change due to stock availability. Please speak to your catering manager for the most up to date information.

## PE Days

Our PE days are detailed below. On their nominated PE day it is important that children should arrive at school already wearing their kit. PE kit consists of black jogger or tracksuit bottoms, a plain tshirt (either white or their nominated house colour) and suitable footwear. **There is no need to change, they will remain in the kit all day.** If you have any questions please do not hesitate to contact us.

Monday	Year 5
Tuesday	Year 4
Wednesday	Year 1 & Year 2
Thursday	Year 6
Friday	Year 3

## Staying Safe and Well - In the Half Term Break

During the school holidays, our safeguarding staff are not available or 'on call'. If you are worried or concerned about a child or young person, you can contact Plymouth Children's Social Care; the child or young person may be someone in

your own family, or friend's or a neighbour's child. The services below are made up of professionals who can offer advice and support about a variety of issues, including how to keep children safe.

**Plymouth Children's Social Care** can be contacted on 01752 668000; select Option 1. Alternatively, you can email them at: [mash@plymouth.gov.uk](mailto:mash@plymouth.gov.uk).

For non urgent concerns where you need advice about your own family, you can book a conversation with a Family Support Worker. They can talk through any worries and signpost further support. Book a conversation at [www.plymouth.gov.uk/familyhelp](http://www.plymouth.gov.uk/familyhelp)



Parents/carers can contact the [NSPCC](https://www.nspcc.org.uk) helpline on 0808 800 5000 for advice, guidance and reassurance if you are worried about a child.



Children and young people can contact [Childline](https://www.childline.gov.uk) on 0800 1111 for support.

**0808 2000 247**

There is a 24 hour helpline for anyone who is worried about or experiencing Domestic Abuse run by [Refuge](https://www.refuge.org.uk).

If a child, young person or an adult is at **immediate** risk of harm, please contact 999.

## School Calendar

Please see below our term dates for 2023/2024.

	September 23	October 23	November 23	December 23
Monday	4 11 18 25	2 9 16 23 30	6 13 20 27	4 11 18 25
Tuesday	5 12 19 26	3 10 17 24 31	7 14 21 28	5 12 19 26
Wednesday	6 13 20 27	4 11 18 25	1 8 15 22 29	6 13 20 27
Thursday	7 14 21 28	5 12 19 26	2 9 16 23 30	7 14 21 28
Friday	1 8 15 22 29	6 13 20 27	3 10 17 24	1 8 15 22 29
	January 24	February 24	March 24	April 24
Monday	1 8 15 22 29	5 12 19 26	4 11 18 25	1 8 15 22 29
Tuesday	2 9 16 23 30	6 13 20 27	5 12 19 26	2 9 16 23 30
Wednesday	3 10 17 24 31	7 14 21 28	6 13 20 27	3 10 17 24
Thursday	4 11 18 25	1 8 15 22 29	7 14 21 28	4 11 18 25
Friday	5 12 19 26	2 9 16 23	1 8 15 22 29	5 12 19 26
	May 24	June 24	July 24	August 24
Monday	6 13 20 27	3 10 17 24	1 8 15 22 29	5 12 19 26
Tuesday	7 14 21 28	4 11 18 25	2 9 16 23 30	6 13 20 27
Wednesday	1 8 15 22 29	5 12 19 26	3 10 17 24 31	7 14 21 28
Thursday	2 9 16 23 30	6 13 20 27	4 11 18 25	1 8 15 22 29
Friday	3 10 17 24 31	7 14 21 28	5 12 19 26	2 9 16 23 30

Term	No. of Pupil Days
Autumn 1	33
Autumn 2	37
Spring 1	27
Spring 2	29
Summer 1	29
Summer 2	35
Total	190

Public Holiday School Holiday School Inset Day

We can now also inform you of our term dates for 2024/2025.