



MBHS PRIMARY FEDERATION NEWSLETTER

Friday 19th January 2024

Message from Mrs Macdonald - Head Teacher

As always we finished the week with our celebration assembly. This is always a highlight of the week; the children are excited to share their learning and be recognised for the brilliant work they do. I have been discussing our rewards and recognition with our pupil parliament representatives to ensure we have considered pupil voice in designing our awards and rewards. They say that pupils love being able to share their beautiful books in the assemblies and are proud to win our 'learner of the week' awards too. I was very proud this week to be the recipient of 'staff member of the week' - an award nominated by the children.

My certificate has pride of place on my wall in my office!

I have seen some brilliant learning in classes this week with Y2 preparing to make bread by choosing ingredients and designing their recipe. Y1 were tasting fruit so they can choose the very best flavours to include in their own fruit salads that they will make later in the term.

Please make sure you look at all of the pupils' learning in the pages below - I am honestly blown away by the quality of learning and the effort the staff team make each week to make learning at MBHS the best it can be. Have the best weekend!

Best wishes,

Steph Macdonald



Dates For Your Diary

What's on?	When's it Happening?	Year Group?	How to Pay? More Information
Tiny Tales - Winter Lights	24.01.24	Reception	More information to follow
Dave the Pug visit	25.01.24	Year 3 and Year 4	Author visiting each class to read her story to the children in year 3 and year 4.
National Height and Measurement	02.02.24	Reception and Year 6	Letter came home this week
UK Safer Internet Day	06.02.24	All Years	Information will be given to students from the class teacher.
Express Yourself Mufti	08.02.24	All Years	More information to follow
Babcock Workshop	08.02.24	Year 4	More information to follow
Last Day of Term 3	08.02.24	All Years	School will close for half term.
INSET DAY - SCHOOL CLOSED TO PUPILS	09.02.24	All Years	School closed to all pupils.
First Day of Term 4	19.02.24	All Years	School reopens to all pupils.
The Eden Project	20.02.24	Year 6	Letter came home today.
World Book Day	07.03.24	All Years	More information to follow
Comic Relief	17.03.24	All Years	More information to follow
Paignton Zoo	16.04.24	TBC	More information to follow

Pupil Voice - Our Learning This Week

Nursery

In pre-school we enjoyed the story "when we are grown-up". Our children enjoyed talking about what they would be when they are "Big". (Their words)
We had some very keen builders. The children really enjoyed our construction area building simple structures.

The children continued to develop their physical skills exploring the nuts and bolts, matching the correct shapes and twisting them on. We also enjoyed some warm water play with our numbered ducks.



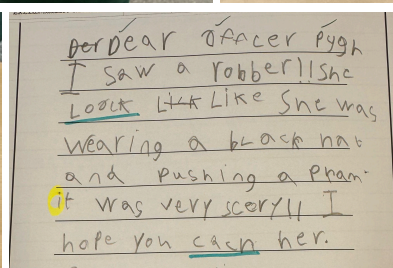
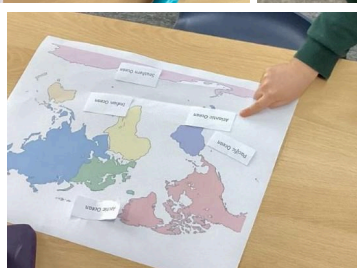
Reception

We have had an exciting week in Reception this week, continuing on with our Traditional Tales theme, we have been reading 'Suddenly!' By Colin McNaughton. The children have been fantastic at making predictions about what would happen next to the wolf in this variation of The 3 Little Pigs. On Wednesday we are sure we heard some big stomping feet... and have been finding magic beans and clues in our classroom.. we wonder which story is coming next!?



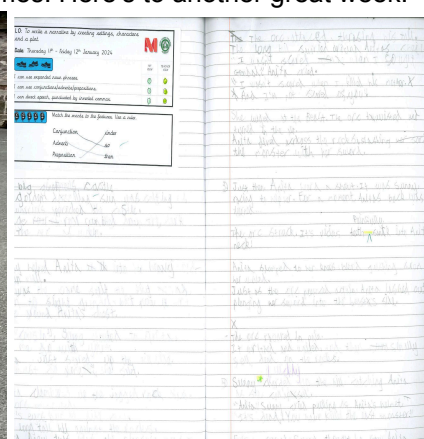
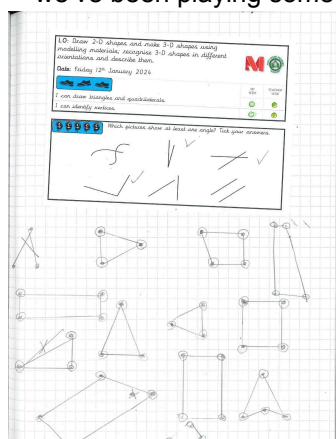
Year 1

In Year 1 this week we have been busy exploring the properties of 2D and 3D shapes. We even made our own 3D shapes using 3D shape nets. This was quite fiddly and took a lot of patience but we really enjoyed making them. We finished writing our letters to Officer Pugh this week so we really hope that Grandma Pugh is caught soon. In Geography we were learning about the different continents and oceans.



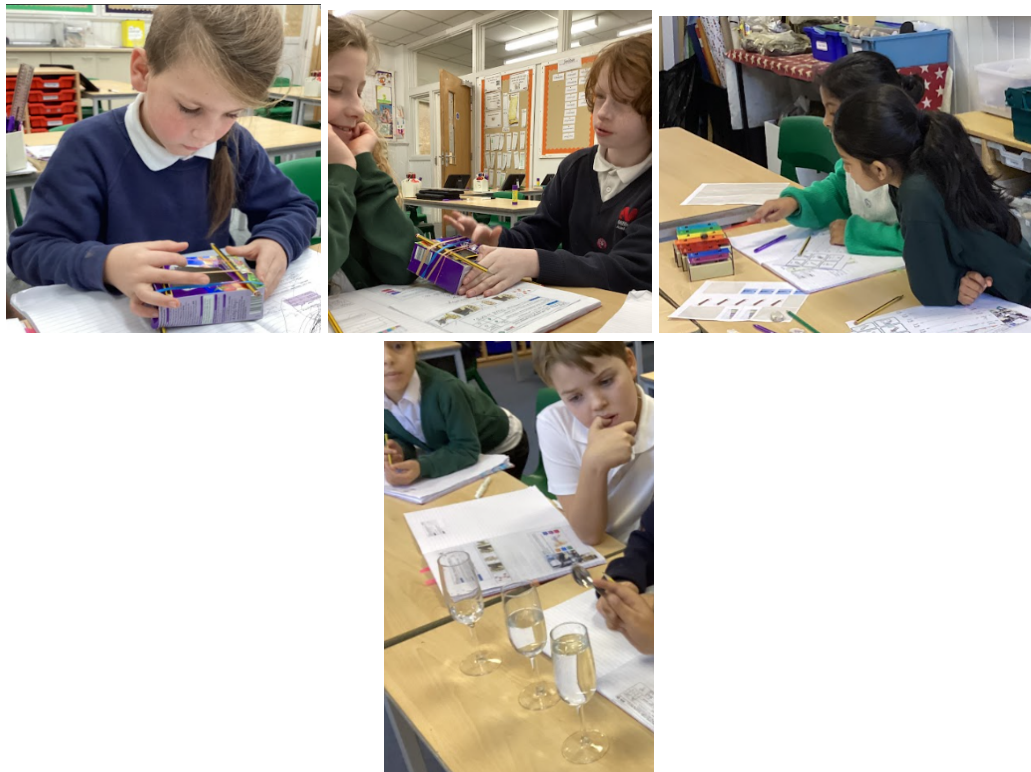
Year 3

We've had another busy week in 3 this week; we've continued our learning about 2D and 3D shapes and the right angles found in them. We've looked at the north and south poles of magnets and discovered how magnets attract/repel, and we've completed research into how people in the Bronze and Iron Age hunted and cooked! To top it off, as part of our 'ball skills' learning in PE, we've been playing some fun throwing and catching games! Here's to another great week!



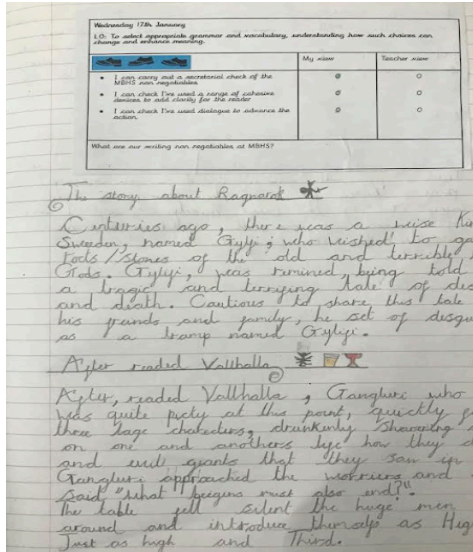
Year 4

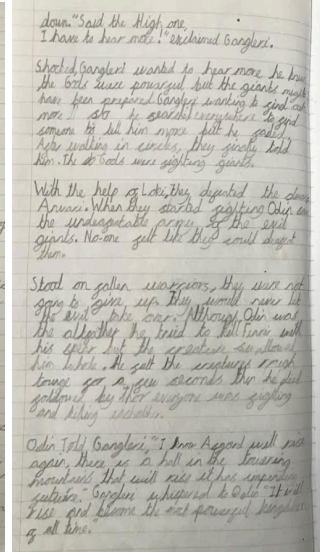
Year 4 has been making a noise...for scientific purposes of course! During their lesson this week, they investigated the features of objects and the pitch of sound they produce.

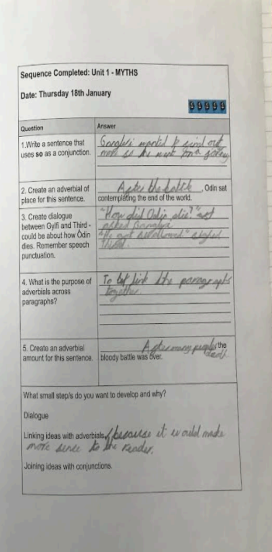


Year 5

Fantastic week of Norse gods, Viking longhouses and raiding. We have finished our innovations of Ragnarok and for many it is their best piece of writing by far.







In maths we have been looking at the area of compound shapes including some rather tricky problem solving questions to get our teeth stuck into.

In the wider curriculum we have started to look at how Viking longhouses were made in readiness to design our own to create a Viking village in our class so we can see, and explain, what Viking life was like. Watch this space.

As always - home learning in Google Class and Thursday lunch is open doors for home learning catch up.

Year 6

A great week of learning in Year 6! This week the children learned about the importance of the oceans and how human behaviour is leading to pollution and damage to vital ecosystems. The children then learned about how Marine Protected Areas help maintain and protect the health of the ocean and how they benefit their local area.

High Levels of Mercury
 Excess mercury causes severe illness in marine life and humans. It is a pollutant that accumulates in the food chain and reaches humans through the ingestion of fish. High levels of mercury can cause serious diseases. As a result, the consumption of several fish species, like black scabbardfish and tuna, should be regulated.

80 Hg
 Mercury 200.59g

15 MILLION SQUERE KILOS The Pacific Garbage Patch.

230,000 ANIMALS LIVE in the ocean

raising the WATER TEMPERATURE by 0.5°C causes the death of coral reefs.

2/3 of marine life is UNIDENTIFIED

Plymouth National Marine Park

What is a Marine park?
 A marine park is a protected part of the ocean which is restricted from doing certain things. For example: fishing, swimming, sailing near there, throwing anything in there and more.

Where can I find one?
 There are many National Marine parks all over the world. They are located all over the ocean.

Why are they important?
 Marine parks are important because they help look after fish and their habitat. To make sure more fish stay alive, it is important to protect them.

When did this start?
 It started in May 1993, Prince Phillip, Duke of Edinburgh officially opened it.

Who is involved?
 Members and officers (The National Park Authority) are responsible for Marine parks in the UK. The animals and people involved are the underwater fish who must be protected.

Damaging the Ocean!!!

70% of the Earth is the ocean. The ocean brings us many things but we are damaging it. Here are some ways we are and ways to help.

1. pollution
 pollution has a big impact in the world. The pollution poured into the ocean can be consumed by fish, making death. Or if we eat the fish with the plastic in it, we can have serious health issues.

2. Overfishing
 Overfishing is another problem. Humans are killing and eating too many fish. If we continue to eat too many fish, we can help by taking less meat (going vegetarian/vegan).

3. Destruction of Habitats
 Many habitats have been destroyed for marine animals. With no place to live, the fish are more likely to die, which is another big problem.

Golden Tickets

The following children will join Mrs Macdonald for lunch on Monday after displaying exemplary manners in the lunch hall and on the playground this week. Well done everyone!



- ★ Year 1 - JJ
- ★ Year 2 - Buddy
- ★ Year 3 - Noah
- ★ Year 4 - Lyric
- ★ Year 5 - Antonia
- ★ Year 6 - Lucas

Attendance Winners




Our whole school attendance this week is: **89.6%**

Our weekly Class attendance winners this week are: **Year 6 with 92.36%**

Please be reminded that our attendance target is 96%

School Lunches

Please see below the menu for next week's school lunches:




WEEK 1

W/C - MONDAY: 1ST JAN, 22ND JAN, 19TH FEB, 11TH MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE 1 - H V Cheese & tomato pizza with seasoned wedges Allergens: (Wh), (So), (Mi), M/C (E)	CHOICE 1 - H Lasagne with garlic bread Allergens: (Wh), (Mu), (Mi), M/C (Bar, E, SE)	CHOICE 1 - H All day breakfast Allergens: (Wh), (Mi), (E)	CHOICE 1 - H Roast chicken, Yorkshire pudding, roast potatoes & gravy Allergens: (Wh), (Mi), (E)	CHOICE 1 - H Coated pollock served with fresh chips Allergens: (Wh), (F), M/C (Bar)
CHOICE 2 - H W V VE Vegan bolognaise pasta bake Allergens: (Wh), (So)	CHOICE 2 - V VE Vegan balls with mixed vegetable rice Allergens: (So)	CHOICE 2 - H V VE Vegan all day breakfast Allergens: (Wh)	CHOICE 2 - H W V VE Vegan mince and onion pie (sliced potato top) & gravy Allergens: (Wh), (Bar), (So)	CHOICE 2 - H W V VE Cheese and tomato quiche Allergens: (Wh), (Mu), (Mi), (E)
SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW				
DESSERT - V VE Fruit Salad, fresh fruit or yoghurt Allergens: (Mi)	DESSERT - H V Fruity flapjack Allergens: (O), M/C (Bar, Wh)	DESSERT - H V Creamy rice pudding Allergens: (Mi)	DESSERT - VE Fresh fruit platter, fresh fruit or yoghurt Allergens: (Su), (Mi)	DESSERT - H W V VE Spiced pear cake with custard Allergens: (Wh), (Mi), (E)
AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT				

Did you know?
You can have mixed or brown rice instead of potatoes!



Fresh fruit, local WESTCOUNTRY yoghurt and West Country milk available daily. Fresh drinking water is available throughout the lunch time period. All meals served with seasonal vegetables. Chicken alternatives to beef and pork upon request. One meat free day.

H = HOME-MADE IN THE KITCHEN. W = WHOLE WHEAT INGREDIENTS. VE = VEGAN DISH. V = VEGETARIAN. 2 = THE VEGETARIAN LINE.

Allergen Key: Gluten (Gl), Barley (Bar), Wheat (Wh), Oats (O), Soya (So), Sulphites (Su), Sesame (Se), Peanuts (P), Mustard (Mu), Nuts (N), Milk (Mi), Eggs (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c May Contain

Allergens and ingredient information correct at the time of menu production but subject to change due to stock availability. Please speak to your catering manager for the most up to date information.

PE Days

Our PE days are detailed below. On their nominated PE day it is important that children should arrive at school already wearing their kit. PE kit consists of black jogger or tracksuit bottoms, a plain tshirt (either white or their nominated house colour) and suitable footwear. **There is no need to change, they will remain in the kit all day.** If you have any questions please do not hesitate to contact us.

Monday	Year 5
Tuesday	Year 4

Wednesday	Year 1 & Year 2
Thursday	Year 6
Friday	Year 3

Staying Safe and Well - Parents and Carers Mental Wellbeing



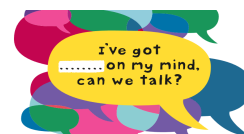
Parents and Carers relationships with their children matter and can effect our mental wellbeing. It is Parental Mental Health Day next week, with the theme of 'Creating Positive Relationships'.

With all the worries and pressure on families, it is really important that we take time to do things together whether that's going for a walk, reading a book or playing a game.

Stem4 are offering a FREE webinar for parents and carers to share struggles and strategies around how to connect positively as a family. The webinar is on Zoom on Thursday 25th January at 7pm for more details and to sign up, click [here](#).

If you are struggling with your mental health, Livewell have a First Response number which you can call for advice, support and signposting from mental health professionals. The **First Response number is 0800 923 9323**, this is available 24 hours a day, 7 days a week for adults aged 18 years and over who live in Plymouth.

February 1st 2024 is Time to Talk day which encourages everyone to check in with someone. For conversation starters and more information, click [here](#).



School Calendar

Please see below our term dates for 2023/2024.

	September 23	October 23	November 23	December 23
Monday	4 11 18 25	2 9 16 23 30	6 13 20 27	4 11 18 25
Tuesday	5 12 19 26	3 10 17 24 31	7 14 21 28	5 12 19 26
Wednesday	6 13 20 27	4 11 18 25	1 8 15 22 29	6 13 20 27
Thursday	7 14 21 28	5 12 19 26	2 9 16 23 30	7 14 21 28
Friday	1 8 15 22 29	6 13 20 27	3 10 17 24	1 8 15 22 29
	January 24	February 24	March 24	April 24
Monday	1 8 15 22 29	5 12 19 26	4 11 18 25	1 8 15 22 29
Tuesday	2 9 16 23 30	6 13 20 27	5 12 19 26	2 9 16 23 30
Wednesday	3 10 17 24 31	7 14 21 28	6 13 20 27	3 10 17 24
Thursday	4 11 18 25	1 8 15 22 29	7 14 21 28	4 11 18 25
Friday	5 12 19 26	2 9 16 23	1 8 15 22 29	5 12 19 26
	May 24	June 24	July 24	August 24
Monday	6 13 20 27	3 10 17 24	1 8 15 22 29	5 12 19 26
Tuesday	7 14 21 28	4 11 18 25	2 9 16 23 30	6 13 20 27
Wednesday	1 8 15 22 29	5 12 19 26	3 10 17 24 31	7 14 21 28
Thursday	2 9 16 23 30	6 13 20 27	4 11 18 25	1 8 15 22 29
Friday	3 10 17 24 31	7 14 21 28	5 12 19 26	2 9 16 23 30

Term	No. of Pupil Days
Autumn 1	33
Autumn 2	37
Spring 1	27
Spring 2	29
Summer 1	29
Summer 2	35
Total:	190

Public Holiday School Holiday School Inset Day



spadental

Children's Appointments!

NHS

SpaDental South-West

**SpaDental Plymouth and SpaDental Saltash
invite children under 12 years of age for
NHS appointments.**

Book an appointment today!

Help your child keep healthy teeth for life.



To book an appointment, or for more information, please scan the QR code or visit the link:

<https://www.spadental.co.uk/for-patients/spadental-south-west-children/>

to complete the "contact us" form.

SpaDental Plymouth: Entrance rear of 2 Hyde Park Rd, Mutley, PL3 4RJ