



MBHS PRIMARY FEDERATION NEWSLETTER

Friday 5th January 2024



Dates For Your Diary

What's on?	When's it Happening?	Year Group?	How to Pay? More Information
Y5 Widening Horizons - Cattewater	11.01.24	Year 5	Part of ongoing Widening Horizons Project. No Cost - lunch available upon request (£2.80 charge)
Winnie the Pooh Day	18.01.24	All Years	More information to follow
Tiny Tales - Winter Lights	24.01.24	Reception	More information to follow
National Height and Measurement	02.02.24	Reception and Year 6	Letter came home this week
UK Safer Internet Day	06.02.24	All Years	Information will be given to students from the class teacher.
Babcock Workshop	08.02.24	Year 4	More information to follow
Last Day of Term 3	08.02.24	All Years	School will close for half term.
INSET DAY - SCHOOL CLOSED TO PUPILS	09.02.24	All Years	School closed to all pupils.
First Day of Term 4	19.02.24	All Years	School reopens to all pupils.
The Eden Project	20.02.24	Year 6	More information to follow
World Book Day	07.03.24	All Years	More information to follow
Comic Relief	17.03.24	All Years	More information to follow
Paignton Zoo	16.04.24	Year 1 & 2	More information to follow

School Day

Please can we remind you of our school day hours. The gates open to students at 8.35am, your child should arrive at school after this time and be in class to be registered by 8.55am. The gate will close at 8.55am and any students who arrive after this time MUST go straight to the school office to be registered before going to class.

Our collection time vary for our phases, please ensure you are at school ready to collect your child as detailed below:

Nursery	3.15pm
Reception, Y1 and Y2	3.15pm
Y4, Y5 and Y6	3.25pm

Should you find you are going to be late either arriving at school or collecting your child it is vital that you communicate this with the school admin team by calling the school on 01752 225649.

Reporting Absence/Office hours

The office is open each school day from 8.15 until 4.15pm. We will not be available to answer the phone outside of these hours.

You must notify the school office of your child's absence no later than 9.15am, you can do this by calling the office directly, leaving a voicemail in our absence mailbox or you can email us at

high.st.primary.school@plymouth.gov.uk

For any other queries you can call the admin team or email us. Our mailbox is not always monitored so there may be a delay in a response.

PE Days

Our PE days are detailed below. On their nominated PE day it is important that children should arrive at school already wearing their kit. PE kit consists of black jogger or tracksuit bottoms, a plain tshirt (either white or their nominated house colour) and suitable footwear. **There is no need to change, they will remain in the kit all day.** If you have any questions please do not hesitate to contact us.

Monday	Year 5
Tuesday	Year 4
Wednesday	Year 1 & Year 2
Thursday	Year 6
Friday	Year 3

Community Kitchen

As you are aware, we asked for donations to our Community Kitchen. We were overjoyed at the response we had to this and are happy to say we received lots of items that will go to support our families when they need it!

We know there are local food banks but we are also aware that hard times can affect any one of our families and unfortunately sometimes there is not enough support.

Our aim is that no matter your circumstances, should you need help, you can come and have a discreet chat with us at the school office and that we can help provide you with food to get you through a few days - no questions asked!

If you would like to use the community kitchen please just speak to us, or you can email us at high.st.primary.school@plymouth.gov.uk and we can arrange a package for you. We also have received donations of clothing and warm coats if you should require any.



Spring Sports Clubs

You should have now received a letter with your child's allocated clubs. Most clubs are now full and have waiting lists. If you did not apply but would still like to be considered or added to the waiting list for any of our sports clubs please come and see the school office.

School Lunches

Please see below next week's menu:

WEEK 2 W/C - MONDAY: 8TH JAN, 29TH JAN, 26TH FEB, 18TH MARCH				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE 1 - H W Chicken & vegetable pasta bake served with garlic bread Allergens: (Wh), (Mi), M/C (So)	CHOICE 1 - H Sausage & bean plait served with creamy mash Allergens: (Wh), (E), (Mi).	CHOICE 1 - H Dig down cottage pie Allergens: M/C (Wh, Bar)	CHOICE 1 - H Roast gammon with roast potatoes & gravy	CHOICE 1 Fish fingers served with fresh chips Allergens: (Wh), (F)
CHOICE 2 - W V VE Quorn nuggets with savoury rice Allergens: (Wh), (Mu)	CHOICE 2 - H W V VE Vegetable pasta bake Allergens: (Wh), (Mi)	CHOICE 2 - H V VE Bean & rice burrito Allergens: (Wh)	CHOICE 2 - H V VE Vegan shepherd's pie Allergens: (So)	CHOICE 2 - H V Savoury cheesy muffin served with fresh chips Allergens: (Wh), (Mi), (E), M/C (O, Bar)
SELECTION OF JACKET POTATOES ARE AVAILABLE EACH DAY: BEANS / CHEESE / TUNA MAYONNAISE / COLESLAW				
DESSERT - V VE Fruit Salad, fresh fruit or yoghurt Allergens: (Mi)	DESSERT - H W V Fruity Cookie Allergens: (Wh), (O), (E), M/C (Bar)	DESSERT - H V Fresh fruit platter, fresh fruit or yoghurt Allergens: (Su), (Mi)	DESSERT - H W V Chocolate MALTed cake Allergens: (Wh), (Bar), (Mi), (E)	DESSERT - H W V Toffee apple sponge with custard Allergens: (Wh), (Mi), (E)
AVAILABLE EVERY DAY: FRESH SALAD BAR / FRESH FRUIT AND YOGHURT				
<p>Fresh fruit, local WESTCOUNTRY yoghurt and West Country milk available daily. Fresh drinking water is available throughout the lunch time period. All meals served with seasonal vegetables. Chicken alternatives to beef and pork upon request. One meat free day.</p> <p>H = HOME-MADE IN THE KITCHEN. W = WHOLE WHEAT INGREDIENTS. VE = VEGAN DISH. V = VEGETARIAN. Z = THE VEGETARIAN LINE.</p> <p>Allergen Key: Gluten (Gl), Barley (Bar), Wheat (Wh), Oats (O), Soya (So), Sulphites (Su), Sesame (Se), Peanuts (P), Mustard (Mu), Molluscs (Mo), Milk (Mi), Nuts (N), Eggs (E), Crustaceans (C), Celery (Ce), Fish (F), Lupin (L), m/c May Contain</p> <p>Allergens and ingredient information correct at the time of menu production but subject to change due to stock availability. Please speak to your catering manager for the most up to date information.</p>				

DID YOU KNOW
You can have mixed or brown rice instead of potatoes



Staying Safe and Well - Keeping Up to Date

Please could we ask you to ensure all contact details that we hold for you are up to date.



We need at least:

- Names and contact details for two adults (usually the main parent or carer) and one other family member or trusted adult.
- The contact details should include at least one current contact number, home address and email address.

This really helps us to ensure we are able to get in touch with someone if there is an emergency for example where a student has had an accident, is ill at school or where a student does not arrive for school as expected.

If you are the main parent or guardian please could you speak to or email Reception in the first instance if there are details that need updating on your child's Arbor account.

School Calendar

Please see below our term dates for 2023/2024.

	September 23					October 23					November 23					December 23				
Monday		4	11	18	25	2	9	16	23	30		6	13	20	27		4	11	18	25
Tuesday		5	12	19	26	3	10	17	24	31		7	14	21	28		5	12	19	26
Wednesday		6	13	20	27	4	11	18	25		1	8	15	22	29		6	13	20	27
Thursday		7	14	21	28	5	12	19	26		2	9	16	23	30		7	14	21	28
Friday	1	8	15	22	29	6	13	20	27		3	10	17	24		1	8	15	22	29

	January 24					February 24					March 24					April 24				
Monday	1	8	15	22	29		5	12	19	26		4	11	18	25	1	8	15	22	29
Tuesday	2	9	16	23	30		6	13	20	27		5	12	19	26	2	9	16	23	30
Wednesday	3	10	17	24	31		7	14	21	28		6	13	20	27	3	10	17	24	
Thursday	4	11	18	25		1	8	15	22	29		7	14	21	28	4	11	18	25	
Friday	5	12	19	26		2	9	16	23		1	8	15	22	29	5	12	19	26	

	May 24					June 24					July 24					August 24				
Monday		6	13	20	27	3	10	17	24		1	8	15	22	29		5	12	19	26
Tuesday		7	14	21	28	4	11	18	25		2	9	16	23	30		6	13	20	27
Wednesday	1	8	15	22	29	5	12	19	26		3	10	17	24	31		7	14	21	28
Thursday	2	9	16	23	30	6	13	20	27		4	11	18	25		1	8	15	22	29
Friday	3	10	17	24	31	7	14	21	28		5	12	19	26		2	9	16	23	30

Public Holiday School Holiday School Inset Day

Term	No. of Pupil Days
Autumn 1	33
Autumn 2	37
Spring 1	27
Spring 2	29
Summer 1	29
Summer 2	35
Total:	190